



SYNERGY

Physical Therapy and Yoga Inc.

Specialized treatment for spinal disorders

We offer treatment for scoliosis and kyphosis using the Schroth method and the SEAS approach (when appropriate).

As part of the evaluation, we determine your specific curve pattern and risk of progression. From information gathered during your initial evaluation (including x-ray assessment), we design a custom exercise program to address and correct your specific spinal abnormalities.

Both methods have value and sometimes one approach is more applicable or appropriate for your specific situation.

If you have any questions about how we may help you or your child, please ask!

